



Fraser Valley Soccer League



TEAM HANDBOOK



2026 Spring/Summer Season

Welcome to the Fraser Valley Soccer League 2026 SPRING season. The following information gives an overview to help you get through the beginning of the season and some key dates and competition rules. A full list of Rules & Regulations is available at www.fraservalleysoccer.com

FVSL Divisions

- Premier
- Premier U19
- Division 1
- Division 2
- Division 3 North-Central-West
- Masters A
- Masters B
- Burnaby 1
- Burnaby 2

Season schedule

1st weekend of play will be **April 13-19**. The final weekend of play in 2026 will be the week of **July 7-13**. Playoff detail will be released later in the Spring season.

Referees and Fees

Premier	Referee & 2 assts.	\$120- \$70 - \$70	(\$130 per team)
Div 1 & Premier U19	Referee & 2 assts.	\$100- \$60 - \$60	(\$110 per team)
All others	Referee	\$100	(\$50 per team)



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Match Balls

The FVSL Standardized Match Ball to be used for all FVSL games, is the – **ADIDAS Tiro Pro - \$95 Incl. TAX (\$160 Retail)** Ball is to be presented to match official prior to all games. Replacements available at admin@fraservalleysoccer.com

Player Registration – Questions s/b sent to registrar@fraservalleysoccer.com

Once your team has made all league-required payments you will receive a PASSWORD to allow you to register your players. Please review the ONLINE player registration instruction manual. It is particularly important that you understand these 3 points –

1. A player must be registered 24 hours prior to the next league game.
2. A picture (headshot only) must be uploaded and approved.
3. Once you register a player you have spent the money, no refunds or option to remove the player. Only completed TRANSFERS can remove a registered player.

4. NEW - All Cup competitions require the player to be registered a minimum of 7 days prior to the cup/PLAYOFFS game scheduled.

Payment Options

We now accept E-mail Money transfers and Credit Cards. On the homepage Press the **Payment Methods** button on the homepage for details.

Uniform Colours – HOME has 1st choice

Home team colours (all 3 components) can be updated using TEAM PAGES, the travelling team will be responsible for changing colours to avoid any colour conflicts with JERSEYS and SOCKS. Each team is advised to travel with a 2nd set of jerseys for all games. **Bibs are NOT allowed. \$50 FINE.**

Team officials

Team officials must be registered with the FVSL. (See “Team Staff Registrations” menu) There may be no more than 6 team officials on the bench, who are either a head coach, assistant coach, manager, goalkeeper coach, trainer, or authorized club official. No spectators, especially children, are allowed inside the fenced TURF area and NOT inside the covered benches. Also, injured team personnel are not allowed on the bench unless they are named as 1 of the players on the team sheet.



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Pre-Game Procedures – 15 min before kickoff minimum (30 minutes for Premier)

1. Match fee \$ –given prior to the match in **exact cash**.
2. Match Ball/s given to the referee prior to ALL games.
3. Team Sheets – 2 copies of the complete list (printed from the FVSL website) with all game information and players complete with jersey numbers on both copies. FVSL player ID must be shown.
4. Teams NOT prepared by the stated times will be reported by the referee and a fine of \$25 will be added to your team account.
5. Pre-game handshake – Teams will follow the protocol as directed by the match official. Both teams should walk out in a straight line behind the referees and setup on either side of the officials facing the benches. On the referee's signal, the home team should travel down the line and shake hands with the officials and then their opponent. This should not be rushed or amended, please comply for all FVSL games.

Match length

All games are as follows – 2 x 45-minute halves with a minimum of 5-minute halftime.

Premier should have a minimum of 10 minutes at halftime. Added time passed 45 & 90 will be decided by the match official.

Forfeits

A team that cannot field at least 7 players for any game faces a forfeit fine of \$250 and a result of 5-0 for your opponent. **Premier Forfeits are \$500.**

Permits

- i) A player registered to any team in a lower division may be added to your team sheet on a single game permit for League games only. Clubs may use a maximum of seven (7) players on a single game permit basis.
- ii) Under-19 teams are NOT allowed to play two overage players.
- iii) Masters aged players registered to a Premier or Division 1 team may play for a 'Masters 1' team on a club permit. These permits are valid for league games only. (See website forms)
- iv) A player who is sent off (Red Card) while playing on an inter-club single game permit shall be suspended from all further play (for any team) until his hearing and suspension are served. He is ineligible for playing for the entire week (for all teams and games) on the final game of his suspension.



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Substitutions

All divisions are unlimited except - Premier which allows five substitutions during the 90 minutes and unlimited at halftime. In Premier games sub slips must always be used for the 5 maximum during play.

All substitutes shall report and/or give a substitution slip (premier only) to the referee or assistant at midfield. To replace a player with a substitute there must be a stoppage in play, and the referee must acknowledge the change. This change can happen on either team's possession at the referee's discretion. The player only enters the field of play after the player being replaced has left the field and after receiving a signal from the referee. The substituted player may leave from any boundary line. At the halftime interval, the substitute becomes a player once receiving a signal from the referee to enter the field prior to the 2nd half kickoff.

Closures

Home teams must supply field OPEN/CLOSED information to the league. An e-mail to admin@fraservalleysoccer.com or TEXT to 778-242-3875 is needed, do not leave a voicemail on the league office number. The FVSL requires a 3-hour advance notice to cancel referees due to field closure or an unplayable surface. If a match official receives no prior notification of a match cancellation, and upon arrival at the field declares or realizes the match is not playable for any reason, they will receive 50% of their match fees which will be billed to the HOME team. If you want to know if a field is OPEN/CLOSED, contact the HOME team. The home team should communicate with their opponent all relevant field information when there is doubt about a field being open/closed.

Cancellation of Games

Schedule

The schedule cannot be changed randomly, and teams cannot decide games will be played later. All schedule changes must be approved by the FVSL. We use a 10-day window for required schedule changes. The HOME team can refuse a visitors request to change the game details.

Discipline

Any player/coach who receives a red card expulsion is suspended from all activities in the FVSL at once. You can view the ONLINE discipline list for any information about your hearing and/or suspension. It is the player/coach's responsibility to attend when needed as posted on the discipline list. An e-mailed written submission can be sent to speed up your case.



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Referee Respect

STANDARDS – Dissent will now be processed as a YELLOW CARD at the referee's discretion

ZERO TOLERANCE - Referee Abuse, Persistent Protests and Foul and Abusive Language towards match officials.

The FVSL supports the ZERO tolerance standard for Referee abuse either from players, coaches, or spectators. The named Coach/Manager on the team sheet will be held accountable for control of his/her team. Persistent Protests are included in the Zero Tolerance standard.

UPDATED – April 22, 2026



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